STUDY YOUR DREAM.

FH JOANNEUM, Campus Bad Gleichenberg
International Programme

Winter Semester 2019/2020

Health Management in Tourism, Bachelor (GMT)
Health Management and Public Health, Master (GTS)

Dietetics and Nutrition (DIO)
Occupational Therapy (ERG)
BG town - Small is Beautiful.
Studying in the picturesque landscape of Eastern Styria

What makes studying in Bad Gleichenberg so special? Bad Gleichenberg has a long tradition as a spa resort and training centre for the tourism and hotel industry which makes it an ideal location for the FH JOANNEUM’s degree programmes in tourism and health sciences. The special strengths of the region lie in tourism, wellness, health and eco-technology.

Nature is the key to the region’s attractiveness. During spring and early summer, you will be surrounded by an amazingly green and lovely landscape and in autumn the grape harvest and fall colours attract many to the area. Even in winter the area has its own special charm. Forests, hills and mountains are just around the corner whenever one feels like a little hiking trip or just relaxing in a health-promoting natural environment. The leisure opportunities in Bad Gleichenberg range from nature experiences in the picturesque rolling landscape of eastern Styria to a wide variety of sporting activities. For relaxing, a wide range of possibilities is also available.

The FH campus is nestled in these green surroundings, directly across from one of the largest spa parks in Europe, and its modern infrastructure offers students an ideal environment for practical and career-focused training. The classrooms are bright and equipped with the latest technological standards.

Students at Bad Gleichenberg enjoy easy access to faculty and a close relationship with their fellow students. Because the campus is so small, everyone seems to know everyone. It is very hard to get lost here, either physically or otherwise. “Bad Gleichenberg is an unusual, but diverse and unique place to study. Once you have experienced the great student atmosphere here, you won’t want to miss it”, says Marlene Moser, graduate of Health Management in Tourism.
Your Study Choices

At FH JOANNEUM in Bad Gleichenberg there are three different Institutes (Health and Tourism Management, Dietetics and Nutrition and Occupational Therapy) which offer four different degree programmes in the area of health sciences:

Health Management in Tourism (BA) – GMT
Health-, Tourism- and Sport Management (MA) – GTS
Occupational Therapy (BA) – ERG
Dietetics and Nutrition (BA) -- DIO

Bad Gleichenberg’s three Institutes have joined forces to offer you a programme in English.

We offer around 96 ECTS in English for all incoming students. You can choose any of the listed courses. Students with a good command of German can also choose other courses offered by the four programmes.

If you have any special interests or if your home curriculum requires that you take a particular class not listed here, please contact the international coordinators

- Jim Miller (GMT, GTM) James.Miller@fh-joanneum.at
- Elisabeth Fattinger (DIO) Elisabeth.Fattinger@fh-joanneum.at
- Katrin Pechstädt (ERG) katrin.pechstaedt@fh-joanneum.at

They will see if there are options available.
If you are interested:

First step:

Your university must nominate you as an Erasmus student at our institution (international@fh-joanneum.at).

At the same time, please contact Jim Miller (Health Management/Tourism), Elisabeth Fattinger (Dietetics) or Katrin Pechstädt (Occupational Therapy) for all academic matters. They will advise you in putting together your Learning Agreement.

Nomination deadline is the 1st of May, 2019. The number of participants for this programme is limited.

Second step:

After receiving your nomination, we will start the online application process. You will receive an application link together with further instructions on how to complete your application.

Third Step:

Once you have been nominated by your home university and accepted by FH JOANNEUM, please contact Stefan Strohmaier (stefan.strohmaier@fh-joanneum.at) for all organizational issues, such as housing, travel, insurance, etc.

Start of the Winter Semester:

Health Management in Tourism & Dietetics & Nutrition: 30th of September, 2019

Occupational Therapy: 16th of September, 2019
Who is who in Bad Gleichenberg?

**Stefan Strohmaier**

2nd floor, Room 222  
[stefan.strohmaier@fh-joanneum.at](mailto:stefan.strohmaier@fh-joanneum.at)  
Tel.: +43 316 5453 6722  
Office hours: mornings

**Roles:**

- International Office Bad Gleichenberg
- General information and advice
- Advice on accommodation, visa requirements and residency documents
- Ongoing advice and support
- Help with administration matters (registration with the authorities and insurance)
- Buddy programme
- Tandem programme
- Organisation of German as a Foreign Language courses at the Bad Gleichenberg Campus
- Orientation days on the B.G. campus

**Jim Miller**

2nd Floor, Room 216  
[james.miller@fh-joanneum.at](mailto:james.miller@fh-joanneum.at)  
Tel.: +43 316 5453 6714

**Roles:**

- International coordinator for the Institute of Health and Tourism Management
- Instructor, Institute of Health and Tourism Management
- Deputy Head of Institute of Health and Tourism Management
Elisabeth Fattinger
1st Floor, Room 115
elisabeth.fattinger@fh-joanneum.at
Tel.: +43 316 5453 6764
Roles:
International Coordinator for the Institute of Dietetics & Nutrition
Instructor: Institute of Dietetics and Nutrition and the Institute of Occupational Therapy

Katrin Pechstädt
1st Floor, Room 120
katrin.pechstaedt@fh-joanneum.at
Tel.: +43 316 5453 6787
Roles:
International Coordinator for the Institute of Occupational Therapy
Fulltime instructor: Institute of Occupational Therapy

Eva Adamer-König
Head of the Institute of Health and Tourism Management
eva.adamer-koenig@fh-joanneum.at

Gabriele Schwarze
Head of the Institute of Occupational Therapy
gabriele.schwarze@fh-joanneum.at

Elisabeth Pail
Head of the Institute of Dietetics and Nutrition
elisabeth.pail@fh-joanneum.at
Where to stay in Bad Gleichenberg?

ÖJAB Haus Bad Gleichenberg

This new residence provides accommodation for 164 students in single and double rooms. All rooms are fully furnished and have their own shower and toilet. Rooms for students with special needs are also available.

Details:

**distance to FH JOANNEUM:** 350 meters

**price:** single room from 290 euros, double room 260 euros, studios from 420 euros per person per month, including breakfast buffet (Mon-Fri), 19 to 24 m² depending on room type

- free internet access, utilities (heating, power, water etc.), operating costs, cleaning service, telephone connection (landline).
- Telephone, satellite TV and internet connections in every room
- shared kitchen on each floor. In-house facilities include laundry, sauna, fitness room, study and TV room, bicycle storage.
- friendly atmosphere and joint activities and projects, as in all ÖJAB residences
- parking

The rental period is from 1 September to 30 June, or for a full year on request. Exchange students are also accepted for shorter periods. The rental agreement can be terminated on a semi-annual basis in accordance with Austrian student residence law. For a current list of prices for all room categories and for pertinent details regarding the rental requirements, see [https://www.oejab.at/en/students/dormitories/badgleichenberg](https://www.oejab.at/en/students/dormitories/badgleichenberg)
Further information and applications:
ÖJAB-Haus Bad Gleichenberg
Student dormitory

Albrechtstraße 8
A-8344 Bad Gleichenberg, Austria

Housing Manager
Ms. Claudia Van de Meij
Phone: +43 3159 / 41700 / 51
Email: badgleichenberg@oejab.at
Web: https://www.oejab.at/en/students/dormitories/badgleichenberg#content-anchor

Impressions from the ÖJAB:

Quelle: https://www.oejab.at/en/students/dormitories/badgleichenberg
Bad Gleichenberg student residence

This student residence has 42 single rooms. Eighteen of the rooms are organized in two-room suites with a small shared kitchen and shared bath. The remaining 24 rooms are arranged in suites of three rooms with a shared bath. The residents of these rooms have a large shared kitchen at their disposal.

Details:
- distance to FH JOANNEUM campus: 100 metres
- price: 250 euros / month
- approx. 20 m² (including adjoining room)
- parking for residents
- Sat-TV and free Internet access
- Accommodation is normally contracted for a ten-months period, but exchange students are accommodated for shorter periods.

Further information and application:
Mag. Peter Hochleitner
Phone: +43 664 3016135
Email: peter.hochleitner@kem.at
Private Rooms and Apartments

Christine Fitzthum
2 apartments (38 m² /65 m²)
Phone: +436643016135

Monschein
3 apartments, 3 double rooms, 1 single room
Phone: +4331592336

Gerhard Prassl
4 studios, 1 shared flat
Phone: +4369916616606

Manfred Schober
5 single rooms
Phone: +436642116865

Christine Trink
4 apartments
Phone: +43315945555

The prices for private apartments are between 200, - and 300, - euros.

Student rooms in Villa Ungarische Krone

Phone: +436642434067
Email: info@villaungarischekrone.at
Web: https://villaungarischekrone.at/

The prices for private apartments range between 200 and 300 euros. For more information about private accommodation, you can contact the municipal office of Bad Gleichenberg: gde@bad-gleichenberg.gv.at
## Academic Calendar 2019

<table>
<thead>
<tr>
<th>Event</th>
<th>Dates</th>
</tr>
</thead>
<tbody>
<tr>
<td>Nomination Deadline</td>
<td>1 June 2019</td>
</tr>
<tr>
<td>PREMIUM PACKAGE</td>
<td>2 September – 27 September 2019</td>
</tr>
<tr>
<td>ADMIN PACKAGE (mandatory!)</td>
<td>23 – 26 September 2019</td>
</tr>
<tr>
<td>CULTURE &amp; FUN PACKAGE</td>
<td>23 – 27 September 2019</td>
</tr>
<tr>
<td>LANGUAGE PACKAGE</td>
<td>2 – 26 September 2019</td>
</tr>
<tr>
<td>Beginning of Classes</td>
<td>30 September 2019</td>
</tr>
<tr>
<td><strong>(Occupational Therapy: 16 September 2019)</strong></td>
<td></td>
</tr>
<tr>
<td>End of academic classes</td>
<td>3 February 2019</td>
</tr>
<tr>
<td>Exam Period</td>
<td>Exams at the end of each class or module</td>
</tr>
<tr>
<td>Holidays (no classes)</td>
<td></td>
</tr>
<tr>
<td>National Holiday</td>
<td>26 October 2019</td>
</tr>
<tr>
<td>All Saint’s Day</td>
<td>1 November 2019</td>
</tr>
<tr>
<td>Immaculate Conception Holiday</td>
<td>8 December 2019</td>
</tr>
<tr>
<td>Christmas Holidays</td>
<td>23 December 2019 – 6 January 2020</td>
</tr>
<tr>
<td>Semester holidays</td>
<td>3 February – 23 February 2019</td>
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</table>
Health Management in Tourism (Bachelor)

The Institute of Health and Tourism Management offers the only university-level degree programme in Austria which connects basic knowledge of health sciences with a strong grounding in the tourism and leisure business. The curriculum of the bachelor’s degree programme in Health Management in Tourism prepares students to assist in organizing and implementing health-promotion and health-counselling programmes, as well as tasks concerning leisure, tourism and health tourism. Bachelor graduates either continue on for a master’s degree or enter the job market directly. They are usually hired as assistant managers in health resorts, wellness facilities, hotels, leisure and event management operations and tourism associations, as well as in health promotion work programmes, public agencies dealing with health issues, or other health-related institutions. After passing the bachelor examination at the end of the sixth semester, students graduate with the degree of “Bachelor of Arts in Business“ (BA). A full list of all lecturers and the current curriculum can be found at https://www.fh-joanneum.at/en/institut/health-and-tourism-management/

Health-, Tourism- and Sport Management (Master)

The master’s degree programme in Health- Tourism- and Sport Management trains managers and experts in the organisation and implementation of health promotion projects and tourist activities for the leisure industry and the health tourism sector. The programme provides a solid knowledge in special areas of the health tourism industry, and students receive a thorough grounding in the fields of management and organization. Students can choose among three different concentrations within the master: Health Tourism & Leisure Management, Health Management & Public Health and Sports & Event Management. On passing the master’s degree examination after four semesters, students graduate as a “Master of Arts in Business“ (MA). Graduates of the master’s degree programme in Health-, Tourism- and Sport Management able to plan and organize health promotion and health counselling, sports and touristic services on the basis of scientific criteria, practical experience, and international developments. A full list of all lecturers and the current curriculum can be found at https://www.fh-joanneum.at/en/institut/health-and-tourism-management/
Dietetics & Nutrition (DIO)

There is an increasing interest in health matters in today’s society, especially concerning health maintenance and health promotion, due to a notable increase in the incidence of nutrition-related diseases. As a result, dieticians have a broad spectrum of career opportunities in the fields of counselling, training and health promotion. The bachelor’s degree programme in Dietetics and Nutrition trains students as experts with technical-methodical competence in independently planning and carrying out the nutritional consulting and therapy process. Furthermore, students in the programme acquire fundamental knowledge of nutrition management, catering management and nutrition marketing. Theoretical lectures based on the most recent scientific findings, as well as practical sessions under the supervision and with the guidance of teaching staff, form the basis of successful work placements. On completion of the six-semester bachelor’s degree programme, students are awarded the title, “Bachelor of Science in Health Studies” (BSc). Dieticians can work in hospitals, offer nutritional instruction or serve in tourism facilities offering training programmes with nutritional consulting services. A full list of all lecturers and the current curriculum can be found at https://www.fh-joanneum.at/diaetologie/bachelor/en/

Occupational Therapy (ERG)

Occupational therapists treat clients with reduced mobility or other problems limiting their participation in social life, resulting from an accident, illness, developmental delay or in cases where reduced mobility may develop. The bachelor’s degree programme in occupational therapy offers evidence-based theoretical and practical training as well as instruction in mechanical-creative skills and everyday activities. The internships in the second, fourth, fifth and sixth semesters give students the opportunity to put theoretical knowledge into practice under the supervision and guidance of experts. The two bachelor papers in the fifth and sixth semesters sharpen students’ skills in the scientific analysis of specific cases. On completion of the six-semester course graduates are awarded the title “Bachelor of Science in Health Studies” (BSc). Occupational therapists work not only in acute treatment and rehabilitation but also in health promotion and preventative health care. A full list of all lecturers and the current curriculum can be found at https://www.fh-joanneum.at/ergotherapie/bachelor/en/
Research Competence Areas

Apart from teaching, research and project work play an important role at FH JOANNEUM University of Applied Sciences. The three institutes located on the Bad Gleichenberg campus have developed several Research Competence Areas that actively engage in research and project work. These include:

**Sport Science Laboratory**

The Sport Science Laboratory (Sportwissenschaftliches Labor—or SpoWiLab for short) in Bad Gleichenberg develops diagnostic packages and training plans for its clients and partners tailored to their specific needs and requirements. The spectrum of services ranges from endurance, strength, speed and coordination diagnostics to biomechanical analyses. The SpoWiLab usually has several of volunteer students helping at all times, so if you are interested, just ask a SpoWiLab staff member about it and they will help you set up a volunteer experience in the lab. Typical tasks are collection and processing of data, assisting in field tests and literature research.

**Research Unit in Health Tourism and Management**

This unit focuses on the business of health tourism, particularly at the nexus of increasing leisure time on the one hand and health, relaxation and well-being on the other. In addition to consumer research this involves macro- and microeconomic analysis of relevant markets. Consulting services are supplied to commercial partners such as hotels, spas, wellness facilities and health tourism destinations.
Research Unit in Public Health and Health Management

This unit carries out projects in a variety of settings in order to meet current health challenges facing society, and offer clients scientifically based problem-solving competence. The range of services includes:

- planning, execution and evaluation of projects in health promotion, prevention and cure and rehabilitation
- workplace health promotion for firms, as well as network solutions for regions and business branches
- health impact assessment
- health reporting
- participatory health research with different target groups (youth, employees, seniors, etc.)
- development of health mission statements for municipalities, provinces and organisations
- development and implementation of health promotion strategies, concepts and measures
- health conference planning and organization

Research Unit of Occupational Therapy

As "doing" is one of the main objects in occupational therapy's theory, as well as in occupational science, the main aim of the research unit is to put theory into praxis. Occupational therapy research focuses on evidence for different approaches used in occupational therapy. Occupational science focuses on the interdisciplinary exploration of occupations and related factors. Therefore, interdisciplinary projects are planned and performed to gather evidence and knowledge regarding these topics.

Health Perception Lab

The Health Perception Lab is unique in Austria in its focus on applied sensory perception research aimed at sustainable health promotion, prevention and therapy. Though led by the Institute of Dietetics, the laboratory is an interdisciplinary project involving input from a total of seven other institutes of FH JOANNEUM. Through this symbiosis a whole range of interesting research questions can be addressed in cooperation with industry partners.
Please be aware that Incoming Students can take courses from the lists of all three institutes and the International Office.

**Health and Tourism Management**

<table>
<thead>
<tr>
<th>Abbreviation</th>
<th>Course Code</th>
<th>Course</th>
<th>ECTS</th>
</tr>
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<tbody>
<tr>
<td>HMA1</td>
<td>160369110</td>
<td>Hospitality Management I ** **</td>
<td>2.0 ECTS</td>
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<tr>
<td>ENG1</td>
<td>160369115</td>
<td>English for Health and Tourism Professionals I: Skill Building</td>
<td>1.5 ECTS</td>
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<tr>
<td>ENG4</td>
<td>160369510</td>
<td>English for Health and Tourism Professionals IV: The Health Sector</td>
<td>1.5 ECTS</td>
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<tr>
<td>FHT</td>
<td>160369111</td>
<td>Foundations of Health and Tourism</td>
<td>3 ECTS</td>
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<tr>
<td>EPH</td>
<td>160369103</td>
<td>Introduction to Public Health</td>
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<tr>
<td>TTR</td>
<td>160369515</td>
<td>Trends in Tourism Research (WF5)</td>
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<td>APAF</td>
<td>160369512</td>
<td>Assessing Physical Activity and Fitness (WF5)</td>
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<tr>
<td>HPP</td>
<td>160369513</td>
<td>Health Promotion and Prevention (WF5)</td>
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<tr>
<td>ICC</td>
<td>160369507</td>
<td>Intercultural Communication</td>
<td>2 ECTS</td>
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<td>CFSF</td>
<td>160369309</td>
<td>Catering and Food Service Franchising</td>
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<td>WLP</td>
<td>160369514</td>
<td>Worklife Balance in Tourism (WF5)</td>
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<tr>
<td>SDHP</td>
<td>180370110</td>
<td>Service Design and Hospitality</td>
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<td>CRSM</td>
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<td>Customer Relationship Management</td>
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<tr>
<td>****</td>
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<td>Spa Operations*</td>
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<tr>
<td>****</td>
<td>-</td>
<td>Introduction to Event Management*</td>
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<tr>
<td>****</td>
<td>-</td>
<td>Austrian History and Culture</td>
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<td>****</td>
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<td>Wellness in Practice</td>
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**International Office**

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<th>Course</th>
<th>ECTS</th>
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<tr>
<td>DaF</td>
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<td>German Courses</td>
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<td>TL</td>
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<td>Tandem Learning</td>
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<td><strong>5-7 ECTS</strong></td>
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## Dietetics & Nutrition

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<th>Course</th>
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<tr>
<td>ERL1V</td>
<td>190460108</td>
<td>Nutrition Science</td>
<td>5 ECTS</td>
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<tr>
<td>ENG1I</td>
<td>190460101</td>
<td>English for Health Professionals 1</td>
<td>1 ECTS</td>
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<tr>
<td>ENG3I</td>
<td>140460310</td>
<td>English for Health Professionals 3</td>
<td>1 ECTS</td>
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<tr>
<td>SPOE3V</td>
<td>140460309</td>
<td>Sports Nutrition</td>
<td>1 ECTS</td>
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<tr>
<td>WPF5S</td>
<td>140460510</td>
<td>Futurology 1</td>
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<td><strong>Total</strong></td>
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<td><strong>Total</strong></td>
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## Occupational Therapy

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<th>ECTS</th>
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<tbody>
<tr>
<td>BEGE1V</td>
<td>170462106</td>
<td>Occupation and Health***</td>
<td>1 ECTS</td>
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<tr>
<td>ANA1V</td>
<td>170462107</td>
<td>Occupation-based Activity analysis***</td>
<td>1 ECTS</td>
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<tr>
<td>ENOT1I</td>
<td>170462118</td>
<td>Professional English for Occupational Therapists 1***</td>
<td>1.5 ECTS</td>
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<tr>
<td>JCLUB1I</td>
<td>170462117</td>
<td>Journal Club***</td>
<td>1.5 ECTS</td>
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<tr>
<td>ENOT1I</td>
<td>170462120</td>
<td>Junior Clinical Practice</td>
<td>1.5 ECTS</td>
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<tr>
<td>ENOT1I</td>
<td>170462118</td>
<td>Professional English for Occupational Therapists 3***</td>
<td>1.5 ECTS</td>
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<tr>
<td>EAMA3S</td>
<td>170462302</td>
<td>Activities- Middle Adulthood***</td>
<td>2.5 ECTS</td>
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<tr>
<td>AHA3I</td>
<td>170462303</td>
<td>Activities – elderly***</td>
<td>1.5 ECTS</td>
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<tr>
<td>PIUM3I</td>
<td>170462304</td>
<td>Physical and institutional Environment***</td>
<td>2 ECTS</td>
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<tr>
<td>EPGF5I</td>
<td>170462505</td>
<td>Health promotion within the Occupational Therapy Process***</td>
<td>2.5 ECTS</td>
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<tr>
<td>PROGF5P</td>
<td>170462507</td>
<td>OT- based Health Promotion Project**</td>
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<tr>
<td>BPR4</td>
<td>170462508</td>
<td>Professional Internship</td>
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<td><strong>Total</strong></td>
<td><strong>27 ECTS</strong></td>
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**Online course**

**This course involves an excursion, which will result in costs to the student.**

***Be aware the semester starts at the 16th of September 2019 for occupational therapy students!***

****These courses are for incomings only and cannot be found in the online schedule. For that reason, they have no abbreviation. See Jim Miller for scheduling details.

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INTERNATIONAL PROGRAMME 19
Please be aware that Incoming Students can take courses from the lists of the other institutes.

**Hospitality Management I HMA1**

- **Course code:** 160369110
- **Course type:** Lecture/discussion (ILV)
- **Semester:** BA, 1st
- **ECTS Credits:** 2 ECTS
- **Lecturer:** Manuela Tooma

**Learning outcome:**
- An understanding of the nature of hospitality and hospitality management and the difficulties associated with these terms
- Getting familiar with the core concepts (e.g. standard operating procedures) and key operational functions (e.g. front office, food & beverage management) in hospitality organisations.
- Having a broad range of knowledge pertaining to the management of accommodation and food & beverage in the hospitality industry
- To get an insight into the human resources management of this challenging working environment while approaching various aspects of people’s motives or lack of motives.
- Awareness of external influences into the decision making process of hospitality managers

**Course content:**
In general, hospitality management is concerned with guest services and service providers, and covers the organisation of hospitality services. This introductory course highlights the starting points and presents the strategic and operative, personnel as well as legal framework conditions of hospitality management. An excursion to Hungary will round up the theoretical knowledge as there will be an opportunity to attend guided hotel tours to see how hotel operations can be structured and organized.

**Teaching methods:** Lectures, presentations, excursion.

**Prerequisites:** None
Assessment methods: Group presentation, written final exam

Language of instruction: English

Literature:
English for Health and Tourism Professionals I ENG1

Course code: 160369115
Course type: Exercise (Ue)
Semester: BA 1st
ECTS Credits: 1.5 ECTS
Lecturer: Mag. Caroline Delattre

Learning outcome: Students will develop the ability to communicate effectively in various business-related settings and to give informed opinions on topics that are relevant to their degree.

Course content: This course is designed to improve students' proficiency in English for professional purposes in the business context. By studying selected topics around health, tourism and the workplace, you will build your personal store of active vocabulary and gain confidence in both speaking and writing. The main idea of this class is to practice and improve your English skills in a learner-friendly environment where mistakes are treated as part of the process and as learning opportunities.

Teaching methods: The emphasis of this course is on using English for communication in business. Therefore, we will have one or more speaking exercises every lesson, including informal warm-ups as well as conversations in specific business settings (see the tentative schedule for contexts). We will regularly review appropriate vocabulary and grammar to this end. Written exercises will also be part of our lessons as well as of your individual study. In addition, we will take impulses for speaking and writing exercises from health and tourism topics which we will study by way of newspaper articles and other media. Aside from gaining a deeper understanding of the topics of your degree, this is another excellent way for you to retrieve relevant vocabulary and phrases, which you can use to formulate your own opinion on the material. Homework tasks will include written work, preparing for speaking tasks and carrying out individual research of newspaper articles, among other things.

Prerequisites: B2 level in English

Assessment methods: Exercises, homework, midterm written exam, end-of-term role play

Language of instruction: English

Literature:
English for Health and Tourism Professionals IV: The Health Sector

ENG4

Course code: 160369510
Course type: Exercise (Ue)
Semester: BA5th
ECTS Credits: 1.5 ECTS
Lecturer: Mag. Caroline Delattre

Learning outcome: Students will be able to deliver professional presentations, deal with Q&A sessions, give constructive feedback and state informed opinions on health and tourism related topics.

Course content: This an advanced English class for students who have completed their internship. While further improving your English in the domain of the health and tourism sector, you will acquire skills to prepare and deliver presentations in a professional manner, making appropriate use of rhetorical devices as well as audio-visual aids. Furthermore, the emphasis of the class will be on giving constructive feedback and incorporating such feedback into your work. Finally, we will be examining and improving aspects such as body language, posture, tone of voice and register.

Teaching methods: Exercises, presentations.
Prerequisites: B2 level in English
Assessment methods: Text work, 2 presentations, peer evaluations
Language of instruction: English


# Foundations of Health and Tourism  FHT

**Course code:** 160369111  
**Course type:** Lecture/Discussion (ILV)  
**Semester:** BA 1st  
**ECTS Credits:** 3 ECTS  
**Lecturer:** FH Prof. James Miller  

**Learning outcome:** The course is intended to provide the student with the analytical tools needed to understand where modern society has come from and to project where it may be headed, a capability which is crucial to being a successful manager. The lecture/discussion format will also encourage students to hone their skills in independent, critical thinking, rhetoric and writing.

**Course content:** This course is meant to provide an introduction to fundamental dimensions of the modern world in connection with health and tourism. Students will be introduced to theories of social and cultural change and to the methodologies employed by social scientists in understanding such change. In particular, the origins of present trends in health, leisure and tourism will be explored from historical and sociological perspectives. The class is divided into two components: lectures and discussions. The lectures will take place in a large group (all students of the GMT19 cohort); the discussions in sections of ca. 25 students each. The class will normally follow the pattern of a 90-minute lecture followed by 90-minute small group discussions.

**Teaching methods:** Lectures, discussions and homework.  
**Prerequisites:** None  
**Assessment methods:** Quizzes, final exam, one-page essay  
**Language of instruction:** English  

**Literature:**
Introduction to Public Health  

Course code: 160369103  
Course type: Lecture/Discussion (ILV)  
Semester: BA 1st  
ECTS Credits: 3 ECTS  
Lecturer: Dr. Frank Amort  
Learning outcome: The students:  
- will become familiar (knowing / understanding) with core concept of Public Health  
- will gain knowledge and understanding of the importance of determinants of health within Public Health  
- must demonstrate the ability to search for various (min. 3, max. 5) texts regarding a Public Health topic of interest and synthesise published evidence on determinants of health regarding the chosen topic  
Course content: The purpose of the course is to provide a first insight into the core concepts of Public Health and will focus mainly on  
- Understanding Health (definitions and perspectives)  
- Concepts of Demographics and Public Health  
- Patterns of Health Inequality  
- Social Determinants of Health  

The contents of this lecture are a basic prerequisite for all future lectures in the area of health management. The course is targeted at incoming first year students and does not require any prior knowledge.  
Teaching methods: Lectures, exercises.  
Prerequisites: None  
Assessment methods: Written final exam, on-line exercise, seminar paper  
Language of instruction: English  
Literature:  
**Wellness in Practice** Course for Incomings only (no course abbreviation)

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<td>Lecturer:</td>
<td>FH Prof. James Miller</td>
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**Learning outcome:** After this course students will have a theoretical and practical grounding in the holistic health concept of wellness, including the seven dimensions of wellness based on the work of Bill Hettler and others.

**Course content:** The teaching method will be blended learning—a combination of lectures, practical activities outside of class, and e-learning. Students participate in a wellness assessment and then engage in practical exercises designed to enhance their individual wellness. In addition, students will receive an introduction to how wellness can be applied in the workplace to improve the performance of enterprises, especially in the hospitality and tourism industry.

**Teaching methods:** Lectures, exercises and homework.

**Prerequisites:** None

**Assessment methods:** Two online exams, exercises, workplace wellness plan

**Language of instruction:** English

**Literature:**

### Trends in Tourism Research (WF5) TTR

**Course code:** 160369515  
**Course type:** Lecture/Discussion (ILV)  
**Semester:** BA 5th  
**ECTS Credits:** 4 ECTS  
**Lecturer:** Mag. Daniel Binder  

**Learning outcome:** This course can be seen as a good preparation for writing final theses and elaborating and dealing with research problems and solutions with the focus of working in tourism industries. Students will improve and apply their skills in developing research problems, planning research projects, develop search strategies. Students will be able to search in scientific databases and train their skills in both reading and understanding complex research papers.

**Course content:** Current tourism industries face several challenges, boosted by technology driven development and changing models of lifestyle amongst smart generations. Skills shortage, seasonal variations of revenues or uncertain future perspectives in terms of competition on markets lead to several new disciplines in tourism research. This course will focus on the “success factor” of human workforce in tourism. Students will work on research ideas and papers dealing with different facets of working in tourism. Digitalization, labor-law, work-place-health-promotion, etc. The students decide on which human-related topics; they want to work on.

**Teaching methods:** Exercise, group work, seminar paper  
**Prerequisites:** Students should already have completed a research methods / scientific writing course before taking Trends in Tourism Research  
**Assessment methods:** Handout, presentation, seminar paper  
**Language of instruction:** English  

**Literature:**
Assessing Physical Activity and Fitness (WF5) APAF

Course code: 160369512
Course type: Exercise (Ue)
Semester: BA 5th
ECTS Credits: 4 ECTS
Lecturer: FH Prof. Dietmar Wallner
Learning outcome: Students will gain an understanding of the methods of sports science in theory and practice.
Course content: Questions arising from the field of health and fitness training will be addressed by scientific methods.
Teaching methods: Lectures, exercises, presentations and a seminar paper.
Prerequisites: A previous background in sports science and scientific research and writing is required for this course.
Assessment methods: Homework, presentation, seminar paper
Language of instruction: English

Literature:
Wallner, D. Anleitung zur wissenschaftlichen Gestaltung von empirischen Arbeiten. Handout
Health Promotion and Prevention (WF5) HPP

Course code: 160369513
Course type: Exercise (Ue)
Semester: BA 5th
ECTS Credits: 4 ECTS
Lecturer: Mag. (FH) Marie Isabel Plasencia Suarez

Learning outcome:
- Repetition of health promotion basics
- Understanding of differences between health promotion and prevention
- Understanding and ability to apply the Public Health Action Cycle
- Ability to critically read case studies
- Knowledge of tools to judge quality of HPP interventions
- Understanding of differences between a setting and a problem based approach
- Understanding the concept of participation
- Ability to formulate smart aims
- Ability to differentiate approaches in health promotion
- Knowledge of best practice examples and applied knowledge through expert-talks

Course content: The course offers a critical reflection on the theoretical and practical foundations of effective and sustainable health promotion and illness prevention in different populations and settings. Prior knowledge will be strengthened and extended. On the basis of the Public Health Action Cycle, students will work on various issues related to planning, implementing and evaluating health promotion and illness prevention measures.

Teaching methods: Lectures, exercises, presentations, project work.

Prerequisites: None

Assessment methods: Homework, quiz, project work

Language of instruction: English

Literature:
Intercultural Communication ICC

Course code: 160369507
Course type: Lecture/Discussion (ILV)
Semester: BA 5th
ECTS Credits: 2 ECTS
Lecturer: Mag. Dr. Birgit Phillips

Learning outcome: Students will gain a detailed understanding of cultural differences and their importance for communications between people in tourist and health settings. They will understand age-specific differences with respect to mental health and how to deal effectively with mentally impaired persons.

Course content: This course focuses on the skills and techniques needed in intercultural communication. The course aims to develop the following skills in students: cultural self-awareness, an appreciation of cultural difference, a facility to interpret actions in many ways in order to facilitate cultural understanding, an understanding of different theories of intercultural communication, an awareness of essential aspects of selected world cultures and a facility in the special intercultural skills required in tourism and healthcare. The language of instruction is English, so English skills will also be trained.

Teaching methods: Lectures, discussions, exercises, group work and homework.

Prerequisites: None

Assessment methods: Presentation, final exam

Language of instruction: English

Literature:


Catering and Food Service Franchising (CFSF)

Course code: 160369309
Course type: Lecture/discussion (ILV)
Semester: BA 3rd
ECTS Credits: 2 ECTS
Lecturer: Mag. Manuela Tooma

Learning outcome: Students will learn the basics of F&B (terminology, service skills, organizational structure). They will get an understanding of a caterer’s business and its organization as well as Franchising as a business strategy will be introduced. The goals of the course are to develop the student in:

- An understanding of the nature of the catering industry
- Gaining insights into the promotion, pricing processes and preparation of catering events
- Getting familiar with franchising as a business strategy
- A sensory examination and evaluation of wine through a wine tasting
- Understanding the production of cheese and its presentation through a cheese tasting

Course content: The catering segment of the hospitality industry continues to grow every year and food preparation will be in demand through the next years. It is a business, which provides meals, snacks for special events. This lecture discusses the tools of this business; looks at the general conditions, the products, the services and its presentation and thinks of catering and delivery as a separate business unit. The Food Service Franchising (Systemgastronomie) is another booming segment of the hospitality industry, and students will learn about economic and social reasons of its success.

Teaching methods: Lectures, excursion.
Prerequisites: None
Assessment methods: Quiz, written exam

Language of instruction: English
Literature:


Service Design and Hospitality SDHP

Course code: 180370110
Course type: Lecture/discussion (ILV)
Semester: MA1st
ECTS Credits: 3 ECTS
Lecturer: Dr. Gerhard Frank

Learning outcome: Students acquire knowledge of target group orientation, perception psychology and customer communication, while delving deeper into the individual product elements, quality management and e-marketing.

Course content: The course gives a practical hands-on introduction into scripting and designing guest experiences from the point of view of hospitality. Additionally, it provides the theoretical framework required for a bottom-up experience design approach. Topics covered include:
- Biology of human experiencing
- Experiencing as a self-organizing system: elements and interdependencies
- Affect-Logic (the essential role of human emotions / emotional experiencing)
- Repeat- / Learning- / Change experiencing
- How to differentiate real and virtual experiencing
- Coherent experiencing
- Storytelling as a design-tool
- How to script guest experiences with regard to service design and hospitality
- Physical handling of points of contact (real and virtual ones)

Teaching methods: Lectures, group work, project work.

Prerequisites: None
Assessment methods: Homework, project work, presentation, oral final exam
Language of instruction: English

Literature:


Customer Relationship Management (CRSM)

Course code: 180370111
Course type: Lecture/discussion (ILV)
Semester: MA 1st
ECTS Credits: 3 ECTS
Lecturer: Mag. Paul Vyskovsky

Learning outcome:
- Students acquire competencies in the mindset of Customer Centricity and the holistic management of customer relationships. This covers the areas of strategic, analytical operational and collaborative CRM.
- Students acquire skills in customer portfolio management and applying the instruments and processes of CRM including acquisition, penetration, marketing, retention and revitalization.
- Students learn how to use multi-channel management, create the customer experience journey and deal with complaints.
- Students learn how to implement CRM.
- Students practically apply their acquired knowledge and skills in a case study and project work.

Course content:
The so-called typical customer no longer exists. Thanks to the internet and the trend towards globalization, consumers have more choices than ever before. This forces companies to invent new methods of interacting with customers to reduce costs and gain market share. Companies started to focus on who is buying rather than how many products and services can be sold. Customer Relationship Management (CRM) is a strategic management method used by organizations to manage their interactions with prospects and customers.

Teaching methods: Lectures, group work, presentation, case studies, e-learning exercises.
Prerequisites: A background in marketing and management
Assessment methods: Seminar paper, presentation, team project work, case study, e-learning exercises
Language of instruction: English

Literature:
Spa Operations  Course for Incomings only (no course abbreviation)

Course code: none
Course type: Online course
Semester: Incoming only / not in the curriculum
ECTS Credits: 10 ECTS
Lecturer: FH Prof. James Miller
Learning outcome: Students will be familiar with the most important management tasks within a spa.

Course content: This course introduces students to spa operations from a spa manager's point of view. As spa operations is a very wide discipline and the spa industry varies from private to public supply, depending on the country in question, the main focus in this course is on basic knowledge about operations in a spa centre, as well as some historical knowledge of spa development and the global spa industry. Topics covered include:

- Evolution of the global spa industry
- The basics of the spa business, including the types of therapies and treatments typically offered in a spa and the equipment and personnel required to carry them out
- Spa hygiene and safety issues
- Staff and reception management systems within spas
- Spa retailing
- Professionalism in a spa context

Teaching methods: On-line tasks, visit to and analysis of a specific spa
Prerequisites: None
Assessment methods: Online final exam, exercises, practical evaluation of a spa
Language of instruction: English

Literature:
Scott & Harrison. SPA: The Official Guide to Spa Therapy
Crebin-Bailey, Harcup & Harrington, The SPA Book: The Official Guide to Spa Therapy
Connor, Godfrey & Milsom, Beauty Treatments
Smith & Puczko, Health and Wellness Tourism
Green, Salon Management
D'Angelo, Spa Business Strategies
Beckman & Le Quesne, The Essential Guide to Holistic and Complementary Therapy
Introduction to Event Management  Course for Incomings only (no course abbreviation)

Course type:  online
Semester:  Incoming only / not in the curriculum
ECTS Credits:  2 ECTS
Lecturer:  FH Prof. James Miller

Learning outcome:  Students will master the fundamentals of the planning, organization and implementation of events.

Course content:  This course is a self-study introduction to the basics of event management. It provides a theoretical foundation in how to organize an event and knowledge of what should be considered in event planning, including:

- Event demand and supply
- Event planning
- Event budgeting
- Venue selection
- Event staffing issues
- Event marketing
- Risk management
- On-site event management issues
- Post event management
- Event ethics

Teaching methods:  Readings, online lectures and exercises and homework.
Prerequisites:  None
Assessment methods:  Online quizzes, exercises in event development, practical evaluation of an event
Language of instruction:  English

Worklife Balance in Tourism (WF5) WLB

Course code: 160369514
Course type: Lecture/Discussion (ILV)
Semester: BA 5th
ECTS Credits: 4 ECTS
Lecturer: Di Stefanie Schuster
Learning outcomes: At the end of the course students will:
- get to know and understand the diversity and individuality of this topic and find access to one’s own personal work-life-balance.
- have acquired a grasp of the management and leading practices in tourism enterprises, which are conducive to work-life balance for employers, employees and guests.
- comprehend the benefits offered by such management practices.
- be able to critically analyze and critique scholarly literature in the fields of work-life balance management practices.

Course content: The students will work out an access to the diverse topic of “work-life-balance” in tourism on individual and management level (employee/employer). A subject of discussion will also be the different generations (baby boomers, x, y, z) and their understanding of work-life-balance. Moreover, the course will explore ideas regarding how enterprises and their managements are able to support their employees in finding the individually appropriate work-life-balance.

Teaching methods: Lectures, exercise, group work, presentation
Prerequisites: none
Assessment methods: Homework, journal article analysis, exercises
Language of instruction: English

Literature:


### Austrian History and Culture  
*Course for Incomings only (no course abbreviation)*

| **Course code:** | none |
| **Course type:** | Lecture |
| **Semester:** | Incoming only |
| **ECTS Credits:** | 2 ECTS |
| **Lecturer:** | FH Prof. James Miller |

**Learning outcome:** Students will be able to provide a rough outline of Austrian history, including the major elements that have influenced the development of Austrian culture as it exists today. In addition, students will be able to identify the main features of the Austrian political and economic system.

**Course content:** This course is meant to introduce foreign students to some of the basic elements of Austrian society and culture, especially from an historical perspective. We will examine how Austrian culture has been formed over the centuries and what influences have come to bear to make Austria what it is today.

**Teaching methods:** Lectures, homework, excursion.

**Prerequisites:** None

**Language of instruction:** English

**Assessment methods:** Final exam, essay

**Literature:**
International Office (INT)

German as a Foreign Language

**German courses** (3-5 ECTS, depending on the offered courses)

Our secret recipe for successful German learning are small learning groups, individual support, motivated and qualified lecturers experienced in university-level teaching as well as effective teaching materials tailored to the particular requirements of university-level language learners.

Depending on the student numbers one or more German courses are offered during the semester.

We also offer German Intensive Courses as part of the Orientation Packages in September and February before the semester starts. For more information, please check our homepage [www.fh-joanneum.at/orientation](http://www.fh-joanneum.at/orientation)!

More information about the German courses at [www.fh-joanneum.at/daf](http://www.fh-joanneum.at/daf) or via e-mail at international-bgb@fh-joanneum.at

Marion Luttenberger
**Tandem learning (2 ECTS)**

The Tandem+ Programme at FH JOANNEUM brings together people from different cultures and different languages. The aim of Tandem partnerships is to facilitate the exchange of languages, experiences and cultures. Although many students at FH JOANNEUM are aware that international (exchange) students attend their university, very few of them take the first step in getting (culturally) closer. We would like to change this, with your involvement!

Our Tandem+ Programme is designed to offer all students the opportunity to participate in a recognised intercultural programme (2 ECTS) in a relaxed and exciting atmosphere. The Tandem+ Certificate can be credited towards our *Intercultural Skills Certificate (ISC)*.

In order to obtain the **Tandem+ Certificate** from FH JOANNEUM, you need to demonstrate that you have completed **activities from the five Tandem+ Modules together with your Tandem partner**. The five modules represent different skills in an intercultural and linguistic context and should be completed during one semester. Participation in certain sessions is mandatory as part of the **Tandem+ Programme**. The activities available can be freely selected in consultation with the Tandem partner. **Completion of activities accounting for at least 50 points** is required in order to obtain the **Tandem+ Certificate**.

You can find all information about the Tandem+ Programme and its modules online at www.fh-joanneum.at/tandem.
Dietetics & Nutrition, Bachelor (DIO)

Nutrition Science **ERL1V**

**Course code:** 190460108  
**Course type:** Integrated course  
**Semester:** BA, 1st  
**ECTS Credits:** 5 ECTS  
**Lecturer:** Clemens Egger

**Learning outcome:** Students know about the current status and issues in nutritional health in Austria and selected other countries. They are familiar with functions of macro- and micro-nutrients, bioactive substances and connect them with the different nutritional requirements during the lifespan. They can give nutritional advice to healthy individuals.

**Course content:** Nutritional physiology, nutritional and energy requirements according to the reference values of the German, Austrian and Swiss Nutrition Societies (DGE/ÖGE/SGE), nutritional status and food consumption in Austria and other countries. In-depth study of macro and micro-nutrients and bioactive substances. Nutrition myths, health promotion and the prevention of nutrition-related illnesses (especially obesity).

**Teaching methods:** Lecture, reading, exercises in class  
**Prerequisites:** English level B2  
**Assessment methods:** Written exam at end of semester  
**Language of instruction:** English  
**Literature:** Will be presented and made accessible at beginning of class.
English for Health Professionals 1 ENG1

Course code: 190460101
Course type: Integrated course
Semester: BA, 1st
ECTS Credits: 1 ECTS
Lecturer: tba
Learning outcome: Students:

- improve their oral and written command of English to gain additional qualifications for work with an increasingly international patient and client population, follow the research literature in their field, talk about their profession in English, and facilitate study abroad and international contacts. Learning outcomes in detail:
  - can describe professions and daily routines in health care in general and in international dietetic practice in particular.
  - are familiar with English terms for foods, macro- and micro-nutrients and can talk about ways of food preparation.
  - can make efficient use of dictionaries for specific purposes. They use appropriate language and techniques for presentations and discussions related to their field of study.

Course content:

- The Food Facts/Healthy Menu Project (team presentations)
- Introduction to making effective presentations and dictionary techniques
- “Want a Career as a Dietician?” Professions in nutrition
- Health care and hospital routines
- Meal preparation and recipes

Teaching methods: Guided class activities, discussions, brief interactive lectures, independent study, presentations, reading activities.

Prerequisites: English level B2. B1 possible but to be discussed with international coordinator (Elisabeth Fattinger) beforehand.

Assessment methods: Assessment of participation in class activities; team presentation; short written exam.

Language of instruction: English

Literature: Will be presented and made accessible at beginning of class.
English for Health Professionals 3 ENG3

Course code: 140460310
Course type: Integrated course
Semester: BA, 3rd
ECTS Credits: 1 ECTS
Lecturer: tba

Learning outcome: Improvement of proficiency in the English language as it is used in dietetics and in the healthcare industry. Learning outcomes in detail:

Students can communicate efficiently with clients / patients in typical professional situations and contexts. They gain practice in reading and summarizing scholarly texts relating to nutrition and dietetics and can talk about nutrition issues during the lifespan, selected complaints and diseases as well as nutrition therapy.

Course content:

- Taking a patient's history; collecting information on nutritional habits and giving advice
- Talking about diseases, pain and medication
- Reading and analysis of textbook chapters and journal articles related to dietetic topics
- Writing precis / summaries
- Presenting and discussing clients' case studies

Teaching methods: Group activities, discussions, brief interactive lectures, independent study, presentations, reading.

Prerequisites: English level B2

Assessment methods: Assessment of participation in class (set oral activities); summary (take home test); short written exam.

Language of instruction: English

Literature: Will be presented and made accessible at beginning of class.
Sports Nutrition SPOE3V

Course code: 140460309
Course type: Integrated course
Semester: BA, 3rd
ECTS Credits: 1 ECTS
Lecturer: Manuela Konrad

Learning outcome: Students are familiar with the special nutritional needs arising from different kinds and intensity of physical activity. They can give appropriate nutritional advice to both athletes and exercising individuals.

Course content: The Sports Nutrition lecture focuses on recommendations for athletes in strength and endurance sports and food intake before/during and after exercise. The course content also covers hydration, oxidative stress and nutritional strategies for muscle build-up.

Teaching methods: Interactive lecture, discussions.
Prerequisites: English level B2.
Assessment methods: Written exam
Language of instruction: English
Literature: Will be presented and made accessible at beginning of class
**Futurology 1 WPFS\textsuperscript{S}**

**Course code:** 140460510  
**Course type:** Integrated course  
**Semester:** BA, 5th  
**ECTS Credits:** 1 ECTS  
**Lecturer:** tba  
**Learning outcome:** Students gain theoretical and practical familiarity with recent developments in their professional field. They can evaluate and pass on the knowledge and skills gained, applying multi-perspective scientific (medical, socio-cultural, economic) and practical (project management, didactic) approaches.

**Course content:** Current nutritional trends are considered from different perspectives in a social and individual context and analysed on the basis of the latest scientific findings. Depending on the selected topic, students apply the knowledge in a practical setting.

**Teaching methods:** Lecture, team work on a practical mini project.

**Prerequisites:** English level B2

**Assessment methods:** Depends on topic selected for semester (topics change every semester). Usually assessment is based upon realization of a team project.

**Language of instruction:** English

**Literature:** Will be presented and made accessible at beginning of class
Occupational Therapy, Bachelor (ERG)

Occupation and Health* BEGE1V*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462106
Course type: Lecture (V)
Semester: ERG, 1. semester
ECTS Credits: 1.0 ECTS
Lecturer: Gabriele Schwarze, MSc MAS
Learning outcome: Students

- are familiar with the basic principles and philosophy of occupational therapy.
- are aware of the central significance of occupation in occupational therapy and are familiar with different occupational disorders.
- are familiar with the relationships between occupation and life roles and different categorization schemes for occupation.
- know different health models.
- know about the paradigm shift in occupational therapy and occupation oriented and client centered occupational therapy.
- are familiar with the terminology of occupational science.
- are able to gather information from an occupational history or occupational profile in order to understand what is important and meaningful for the client at present (what he/she wants to or needs to do) and to identify previous experiences and interests that may contribute to understanding current issues and problems.
- are able to assess occupational therapy interventions based on their relevance in everyday life (daily routines of the client), environmental relevance (natural or simulated activities), purpose and significance.

Course content: Within occupational therapy’s theory, occupation and health are closely connected. This course presents connections from an OT perspective and introduces students to common theoretical models used in OT to explain it. Consequently, this course contains the explanations of technical terms commonly used in occupational therapy and occupational science with respect to the paradigm shift in OT towards an occupational-based and client-centered profession.

Teaching methods: Lecture
Prerequisites: -
Assessment methods: Written or oral module exam
Language of instruction: English
Literature: -
Occupation-based Activity analysis* ANAV*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462107
Course type: Lecture (V)
Semester: ERG, 1. semester
ECTS Credits: 1.0 ECTS
Lecturer: Katrin Pechstädtt
Learning outcome: Students
  • are able to carry out activity analyses by analyzing demand and capacity.
  • learn about client centered occupational analysis as part of diagnosis and are able to assess the quality of performance of specific activities (occupational performance).
  • know about the benefits of activity analysis and occupational analysis and can transfer them to occupational therapy practice.
  • can observe people engaged in occupations and carry out an occupational analysis.
  • know methods for assessing occupational problems and occupational performance.

Course content: This course teaches students the basic differences between activities and occupations from an occupational therapy perspective. Based on this understanding the needed parts for an occupation-based activity analysis are introduced to the students as an OT-specific tool to analyze the demands of an activity/occupation. Furthermore, this scheme of analysis is applied practical by analyzing videos.

Teaching methods: Lecture, exercises, homeworks
Prerequisites: -
Assessment methods: Written or oral module exam
Language of instruction: English
Professional English for Occupational Therapists 1* ENOT1*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462118
Course type: Integrated course (ILV)
Semester: ERG, 1. semester
ECTS Credits: 1.5 ECTS
Lecturer: MMag. Anna Kanape
Learning outcome: The students
- are made familiar with techniques and skills enabling them to adequately understand English technical and scientific texts.
- practice reading and dealing with different types of English technical texts and learn to summarize them conclusively in English using academic style.
- acquire the relevant terminology based on specific topics and can provide information about the tasks and scope of occupational therapy in English.
- can describe the human body and its functions in English.
- expand their receptive and productive skills in English both in written and oral communication for use in scientific, international and interdisciplinary contexts.

Course content: Topics covered:
- Presenting and discussing your case in medical and multi-professional teams
- Using appropriate language in the individual phases of the occupational therapy process (initial interview, creating trust, giving instructions or information, describing activities, etc.)
- Identifying and describing therapeutic aids

Teaching methods: Lecture, exercises, presentations
Prerequisites: -
Assessment methods: Continuous assessment and written and/or oral module examination
Language of instruction: English
Literature: -

INTERNATIONAL PROGRAMME 49
Journal Club* JCLUB1*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462117
Course type: Integrated course (ILV)
Semester: ERG, 1. semester
ECTS Credits: 1.5 ECTS
Lecturer: Katrin Pechstädt
Learning outcome: The students

- gain an overview of library classification systems and are able to find relevant literature.
- are familiar with criteria of scientific work and principles and are able to identify them in selected texts.
- know the fundamentals of assessing scientific texts (external and internal factors) and are able to conduct and argue a basic assessment of various scientific texts.
- can excerpt content from scientific texts and analyses and compare them according to their type.
- are familiar with the rules of academic writing and citing and can draw up a short academic text or summarize texts.
- learn to combine content from the texts with content from other modules and reflect on their actions as an occupational therapist.

Course content: The course enables students to identify articles with high quality and to write an excerpt of a scientific paper as a preparation for the discussion of the paper. Furthermore, the critical appraisal of a paper is prepared by applying certain instruments, as well as correct citation and basic skills for literature search.

Teaching methods: Lecture, exercises, discussions
Prerequisites: -
Assessment methods: written exam
Language of instruction: English
Literature: -
## Junior Clinical Practice ENOT1

<table>
<thead>
<tr>
<th><strong>Course code:</strong></th>
<th>170462120</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Course type:</strong></td>
<td>Internship</td>
</tr>
<tr>
<td><strong>Semester:</strong></td>
<td>ERG, 1. semester</td>
</tr>
<tr>
<td><strong>ECTS Credits:</strong></td>
<td>1.5 ECTS</td>
</tr>
<tr>
<td><strong>Lecturer:</strong></td>
<td>Gabriele Schwarze, MSc MAS</td>
</tr>
</tbody>
</table>

### Learning outcome:
- spend at least 35 hours on a hospital ward to learn about the medical and nursing activities provided there.
- learn about work in an intensive care unit.
- have client contact and communicate with them as part of simple nursing tasks under instruction.

### Course content:
The Junior Clinical Practice lasts 2 weeks and allows students to
- find out the position of occupational therapy in interdisciplinary teams
- gain knowledge about the health care system and institutions in Austria
- understand about the work of other professions, e.g. nurses and doctors

### Teaching methods:
Practical training, reflection

### Prerequisites:
- 

### Assessment methods:
Continuous assessment

### Language of instruction:
German

### Literature:
-
Professional English for Occupational Therapists 3* ENOT1I*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462118
Course type: Integrated course (ILV)
Semester: ERG, 1. semester
ECTS Credits: 1.5 ECTS
Lecturer: MMag. Anna Kanape
Learning outcome:
- learn appropriate and effective linguistic strategies for discussions held in English (polite to decisive agreement/disagreement, conveying messages, obtaining opinions, involving others, chairing a discussion, etc.).
- apply these communicative skills in discussions on professional topics and in fictitious case discussions in multiprofessional teams.
- learn to react to clients in English in relevant communicative situations (obtaining information, building trust, calming, giving instructions and recommendations in a polite manner, describing motor activities and bodily sensations, etc.) of the occupational therapy process in an appropriate and supportive manner
- Can name and describe occupational therapy aids in English

Course content:
Topics covered:
- Presenting and discussing your case in medical and multi-professional teams
- Using appropriate language in the individual phases of the occupational therapy process (initial interview, creating trust, giving instructions or information, describing activities, etc.)
- Identifying and describing therapeutic aids

Teaching methods: Lecture, exercises, presentations
Prerequisites: English 1
Assessment methods: Continuous assessment and written and/or oral module examination
Language of instruction: English
Literature: -
Activities- Middle Adulthood* EAMA3S*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462302
Course type: Integrated course (ILV)
Semester: ERG, 3. semester
ECTS Credits: 2,5 ECTS
Lecturer: Brigitte Loder-Fink, MSc – Everyday Activities
Runhild Winkelbauer - Sexuality; NF
Ulrike Donner, BSC 30 LE (15+15 Gr.) Ton
Katrin Pechstädt 28 LE (14 +14) beket wafing

Learning outcome:
The students

- perform activities themselves.
- learn to design and vary activities (e.g. effort, degree of difficulty) geared to the target group
- gather experience in the role of instructor and apply treatment principles of occupational therapy.
- are familiar with selected occupational therapy concepts and can apply them in example scenarios.
- document selected activities based on specific criteria.
- further develop professional key qualifications and core competences, especially problem solving strategies, teamwork, cooperation and communication skills and proximity/distance behavior.
- are able to assess motor, process-related and social interaction skills based on specific criteria.

Course content:
By learning and carrying out purposeful age-specific activities of middle-aged adults students experience themselves as „occupational beings“. They practice observing and analyzing occupational performance and apply interventional principles to the training of everyday and craft activities. They design and carry out plans of instructing and coaching others in the activities, while adhering to occupational therapy and pedagogical principles. Among the topics and activities practiced are: Household chores, pet care, driving, financial administration; sexuality; pottery; rattan cane work.

Teaching methods: Practical experience and practical application of techniques
Prerequisites: Occupation-based activity analysis (ANA1V), at least basic knowledge about OT
Assessment methods: Continuous assessment and written and/or oral examination
Language of instruction: English
Literature: -
Activities – elderly* AHA3I*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462303
Course type: Integrated course (ILV)
Semester: ERG, 3. semester
ECTS Credits: 1.5 ECTS
Lecturer: Josef Schwarz, BSc - woodworks
Maria Putz - gardening
Yasmine El Filali 8 LE (4+4 Gr.) - play
Gerlinde Reicht 8 LE (4+4 Gr.) Smoovey
Gabriele Schwarze, MSc MAS - cooking

Learning outcome: The students

- learn to perform activities themselves.
- learn to design and vary activities (e.g. effort, degree of difficulty) geared to the target group considering specific context factors in different settings.
- gather experience in the role of instructor and apply treatment principles of occupational therapy.
- are familiar with selected concepts and can apply them in example scenarios.
- document selected activities based on specific criteria.
- further develop professional key qualifications and core competences, especially problem solving strategies, teamwork, cooperation and communication skills and proximity/distance behavior.
- are able to assess motor, process-related and social interaction skills based on specific criteria.

Course content: By learning and carrying out purposeful age-specific activities of the elderly, students experience themselves as „occupational beings”. They practice observing and analyzing occupational performance and apply interventional principles to the training of everyday and craft activities. They design and carry out plans of instructing and coaching others in the activities, while adhering to occupational therapy and pedagogical principles. Among the topics and activities practiced are: Gardening; cooking; woodworking, and a visit of a renowned game fair.

Teaching methods: Practical application of techniques, practical experiences
Prerequisites: Occupational-based Activity Analysis (ANA1V), at least basis knowledge about OT
Assessment methods: Continuous assessment and written and/or oral examination
Language of instruction: English
Literature: -

INTERNATIONAL PROGRAMME  54
Physical and institutional Environment*  PIUM31*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 1704.62304  
Course type: Integrated course (ILV)  
Semester: ERG, 3. semester  
ECTS Credits: 2 ECTS  
Lecturer: Brigitte Loder-Fink, MSc – wheelchair training  
Stefanie Schwarzl, BSc MSc  
Claudia Breidbach - prosthetic

Learning outcome: The students

- are made familiar with the fundamentals of the physical environment, which include all non-human aspects of the context.
- learn to identify and analyze physical environmental factors using specific diagnostic instruments and observation.
- learn to minimize barriers in the physical environments through individual adjustments such as the provision of aids or adaptive procedures.
- are made familiar with the working principles and use of conventional aids for different areas of life and for overcoming environmental barriers, including assisted communication and provision of aids improving mobility, including but not limited to the wheelchair.
- learn to use and apply aids such as the wheelchair from the perspective of both the user and therapist based on theoretical input and self-experience.
- acquire fundamental knowledge of key institutions of the Austrian health and social sectors.

Course content: Students gain experiences and knowledge about connections between the physical environment and human action. The course aims to enable students to observe, identify, assess, and adapt factors of the physical environment that influence "quality-in-doing". Furthermore, they learn how to integrate this knowledge in the occupational therapy process to reduce patient's experienced barriers in everyday life. To illustrate the lecture excursions to different institutions in Austria are part of the course.

Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

This course contains excursions. Costs need to be covered by the student (e.g. for transportation)

Teaching methods: practical application of techniques, practical experiences

Prerequisites: Occupation and health (BEGE1V), at least basis knowledge about OT
Assessment methods: Written or oral examination
Language of instruction: English / German (at excursions)
Literature: -
Health promotion within the Occupational Therapy Process* EPGF5I*

*Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Course code: 170462505
Course type: Integrated course (ILV)
Semester: ERG, 5. semester
ECTS Credits: 2,5 ECTS
Lecturer: Gabriele Schwarze, MAS, MSc
Learning outcome: The students

- acquire knowledge of health promotion and prevention and relate this knowledge to the basic assumptions of occupational therapy and current scientific findings
- acquire project management skills and apply them in the planning and development of a health promotion project.
- are made familiar with the tasks of other professions involved in health promotion and prevention
- learn how to analyze problems and requirements and to develop health promotion goals and actions with different target groups and in different settings
- plan a health promotion project with selected target groups in a relevant setting and implement the project under the supervision of lecturers.

Course content: Students learn to develop an understanding and basic knowledge of health, illness, health promotion and prevention. They also acquire knowledge in the field of workplace health promotion. They learn about the possibilities offered by occupational therapy in the fields of health promotion and prevention and how occupational therapy fits into this field. They explore assessment tools in workplace health promotion, learn to evaluate selected work situations/work places and devise solutions for health-promoting behavior and conditions. The skills and knowledge acquired during the course are further developed and expanded in the planning and implementation of a project (course PROGF5P).

Teaching methods: Practical application of techniques, practical experiences
Prerequisites: Occupation and health (BEGE1V), advanced knowledge about OT process
Assessment methods: Written or oral examination
Language of instruction: English / German (at excursions)

Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!
OT-based Health Promotion Project PROGF5P

Course code: 170462507
Course type: Project
Semester: ERG, 3. semester
ECTS Credits: 2 ECTS
Lecturer: Gabriele Schwarze, MAS, MSc

Learning outcome:
- implement the project planned in the course of the “Occupational Therapy Process in Health Promotion/Prevention” in a relevant setting
- apply the acquired project management skills in the phase of project implementation and evaluation.
- apply their didactic skills in project implementation appropriate to the target group.
- evaluate the measures carried out in the project and reflect on the entire process

Course content:
Students explore assessment tools in workplace health promotion, learn to evaluate selected work situations/work places and devise solutions for health-promoting behavior and conditions. The skills and knowledge acquired during the course “Health promotion within the Occupational Therapy Process “(EPGF5I) are further developed and expanded in the planning and implementation of a project.

Be aware the semester starts at the 16th of September 2019 for occupational therapy students! Make sure to arrive on time to take this course!

Costs need to be covered by the student (e.g. for transportation)

Teaching methods: Practical application of techniques, practical experiences
Prerequisites: “Health promotion within the Occupational Therapy Process “(EPGF5I)
Assessment methods: Written or oral examination
Language of instruction: English / German (at excursions)

Literature: -
Professional Internship BPR4

Course code: 170462508  
Course type: Internship  
Semester: ERG, 5. semester  
ECTS Credits: 8,5 ECTS  
Lecturer: Katrin Pechstädt  
Learning outcome: the internship allows students to:
  - reflect on and expand their theoretical knowledge and put it into practice  
  - familiarize themselves with different ways of evaluating and documenting their findings  
  - learn about practical application of models and OT’s principles  

Course content: The students can perform parts of the occupational therapy process on selected patients following prescription by a doctor. The process is carried out under supervision as part of the overall medical process in accordance with FH-MTD-AV. The students additionally reflect on their internship under supervision both orally and in writing in a group setting or via e-learning and thus learn to cope with situations experienced as difficult. They use their own experiences from practical work to reflect on patterns of action and emotional states and document them in the learning portfolio. Continuous reflection leads to an individual increase in theoretical and practical competence, which is documented in the learning portfolio.

If you are interested in a professional internship, please contact katrin.pechstaedt@fh-joanneum.at  

Teaching methods: Practical application of techniques, practical experiences  
Prerequisites: Occupation and health (BEGE1V), at least basis knowledge about OT  
Assessment methods: Written or oral examination  
Language of instruction: English / German (at excursions)  
Literature: -
How to get to Bad Gleichenberg?

www.bad-gleichenberg.at

**Coming from Vienna**

*By train*
Vienna Aspang – Feldbach* or
Vienna – Graz – Feldbach*
*Change in Feldbach or Bad Gleichenberg (pick up by arrangement).

*By car*
Via A2 – exit Ilz via Riegersburg and Feldbach to Bad Gleichenberg or exit Gleisdorf-Süd to Feldbach.

**Coming from Germany or Graz**

*By train*
Innsbruck - Graz - Feldbach* or
Salzburg - Graz - Feldbach*
*Change in Feldbach or Bad Gleichenberg (pick up by arrangement).

*By car*
Via Ag in the direction of Graz, further on A2 in direction of Vienna, exit at Gleisdorf-Süd for Feldbach and Bad Gleichenberg or by car train Feldkirch – Graz and Innsbruck - Graz.
The Campus Bad Gleichenberg
International Events in Bad Gleichenberg

Orientation day & City tour
Meet your Buddy
International Tandem-Café
Erasmus goes Buschenschank
Austrian Bowling Night
International Movie Night
Christmas Event
Graz Excursion
Tandem-Cooking Event
Excursion to a ham factory
Excursion to a chocolate factory
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Greetings from the exchange-students of the winter semester 2018